

September 20, 2016

Dear Fellow U.S. Citizen:

A progressive nation is a nation where the citizens work together to improve the health and well-being of the citizens and the nation as a whole. Currently, wireless technology does not do this. Researchers have proven time and time again that wireless technology destroys the health of all forms of biological life, ultimately destroying the health and well-being of all the citizens and the nation as a whole. Wireless technology needs to be reined in until it truly is safe. Therefore as a concerned citizen, please do everything you can to accomplish this. Thank you!!!

Tom Wheeler, the chairman of the FCC who was previously the CEO of the Telecom Industry who will certainly prioritize wireless because of this alone, has railroaded through the Spectrum Frontier or 5G. This needs to be stopped in its tracks. This cannot go any further. Tom Wheeler stated that this must be pushed through quickly and not wait for evidence to its safety. Doing this is putting the cart before the horse and is always wrong! Do not let this dangerous technology to continue to move forward until the cart and the horse are put in their proper places. If we don't do this, we are asking for national devastation.

I have enclosed my story, what wireless technology has done to my life. I introduce myself so you are able to form a picture as to who I am. I have enclosed the path I have traveled since wireless technology has been put on the open market and now is everywhere a person goes. Today, life for me is a day-to-day survival. More and more people are being forced to live like this or die because of this. This is wrong! This is not a picture of a progressive nation where it is moving forward on behalf of the health and well-being of its citizens.

Prayerfully, this will give you a picture of where we are headed if we continue down this path. We cannot continue dumping more and more wireless, man-made 'radiation' into our environment. It truly is destroying the health and well-being of all forms of biological life and this planet as a whole.

Sincerely,

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Who Am I?!

I am someone who was raised on a dairy farm. As I was growing up, I preferred to be out working with the men and doing the hard work, as to being in the house and doing the woman's work. Deep inside, I am still someone who believes in working, it not only puts food on the table but it also gives you a sense of accomplishment. As a teenager, I would walk through manure and mud barefooted carrying a new born calf to the barn, after receiving several inches of rain that would turn the barnyard into thick mud and manure just to get the new calf indoors, dried off and fed some colostrum milk as soon as possible. I milked cows night and morning, before and after school. I unloaded and mowed upwards of a thousand bales of hay a day, if dad had that much down. I put the farm ahead of school activities. I even lost my high school class ring within the first year because I forgot to take it off before jumping on the tractor and going out to rake. So, when I got out there, I didn't know what to do to keep it from getting greasy when I hooked up the rake, so I hung it on a bolt as I hooked up the rake and ended up forgetting that I did that, because it wasn't something I normally did. Once the rake was hooked up and I removed the blocks from the wheels, I jumped on and went to work raking hay. So, as you can see, I am not someone who desires to sit around.

In reality, I am an old fashioned farmer. Someone who down deep inside believes in taking care of others and not having others take care of them. So, when it comes to filing for disability, this is totally against who I am. But, what am I supposed to do. I have no control over the amount of cellular 'radiation' that is being emitted into our atmosphere. That is in the hands of our government and the telecom industry. Currently, they say that it is safe when in reality it is not. What do I do? It will kill me! That is no lie! That is truth!

Our government needs to take the bull by the horns and do something about this or we are going to have an epidemic of health problems that will seriously cripple this nation. We have baby boomers retiring and the young are being sentenced with lifelong health problems or even taking their life. Who will we have filling their spot in the workforce to replenish things if we as a nation don't step up to the plate and acknowledge this truth?

Other countries are lowering the amount of cellular radiation that is allowed to be emitted into the atmosphere. Plus, they are implementing wireless free zones within their country where people can work, live and receive health care free from wireless radiation. Our nation needs to do something soon and very soon.

I would prefer to work, but where in the U.S.A. can I work and be an asset to the nation when wireless radiation is everywhere and I need a place where it is free from this? So, until this place is located our government needs to take ownership of their decision in allowing massive amounts of this to be emitted and take ownership in caring for those whose health has been destroyed by it, until wireless free zones are put into action.

Plus, U.S. doctors need to be trained and allowed to openly diagnose a patient truthfully when wireless radiation truly is the foundational problem to one's health problems. As of now for some reason, American doctors are not stepping up to the plate in regards to this. This is having

devastating consequences for many, many people including my brother's life, my health and the health of my children and other family members.

When I first started going to the doctor with headaches and bringing up the issue of cell phone radiation if the doctors were properly trained in this, it would have prevented my health from getting to this point. Instead, I was told the opposite. I was told over and over again that these devices are safe. This is not true and more information is coming out daily to support this truth.

I am now very sensitive to a lot of things and I now have trouble spending much time at the computer because looking into the monitor will give me a headache if I spend much time on it. It has taken me days to accomplish this letter, due to not being able to handle reading the information off the monitor.

With my continual exposure to wireless radiation such as when I go to my mother's who has four cell towers with multiple antennas within 200 to 1000 feet of her apartment plus a water tower with multiple antennas within 300 feet, I do not get adequate time away from it to fully recover and my eyes for the last couple of months have been extremely painful. I can't even watch t.v. on many of today's television sets. I have to use my old 19 inch analog and sit at least 10 feet away. So, if I've repeated myself or didn't make sense somewhere please bear with me and ask me about it because I try not to spend much time with my computer right now. Thanks!

Currently, those of us who have had their health damaged by wireless 'radiation' are not being taken seriously. There are times when I wonder if our government even cares! They are far more interested in the big money, the convenience, and being a part of today's 'progressive society' that they aren't even considering or taking the time to get involved in the reality of the high price we will be paying. In time, that high price will not only be us, but everyone and all forms of life.

Note: For years, I lived alone and did not contact my children due to them having a wireless phone or no phone at all. I did not want to bring them harm and that is exactly what I would be doing if I contacted them on their wireless phone. Our government is forcing wireless in and wired out. This is so wrong. Plus, both of them have to work in high wireless radiated environments and when will the day be that either one of them or both of them will get to the point that I am and that is extremely hypersensitive. One should not have to wait for something like that to happen. Our government, especially, and people in general need to start openly addressing this. I certainly am willing.

Note: That day has arrived for my son and is around the corner for my daughter. This is wrong!

ALONE! SO, ALONE!
And They Call This Progress!

It is January 5, 2014 and the 10:00 P.M. news is on. Thankfully, I have t.v. reception. That is not always the case being tucked away behind these hills. I like to keep an eye on the weather, especially tonight. Most of the nation is in a deep freeze and we're supposed to get between 20 & 30 below with wind chills between 50 to 60 below. Just as the weather forecast is about to begin, something upsets the dog and she starts to bark aggressively with hair on end. My thoughts are, "Who would be out tonight? Is someone in trouble? Could someone's house be on fire and they've 'tried' to get here for help or maybe someone was having car trouble." I checked things out and saw no one.

After checking things out, I went in to catch the weather which was already on. He was strongly advising people to stay home. These temperatures and wind chills are life threatening. With the dog getting upset just as the weather was about to begin and the warning the weatherman was giving, it made me stop and think about my prayers and thoughts during the day, *"Lord, have mercy on me and the house pets. Watch over us as we go through this severe cold snap. You know there would be no way that I could walk to a neighbor's for help in this weather. You also know that I have nowhere to go where I can stay due to 'today's progress,' as it is called. Lord, you know that I am currently serving a life sentence to solitary confinement because of what 'so-called progress' has done to me and is doing to others. However, many don't realize the real cause to their health problems or are in denial. It's a phantom destroyer and is getting away with it. So Lord, I need your love and mercy to care and protect us through this frigid arctic blast. Thank You!"*

Note: I've been an avid fan of 'Little House on the Prairie.' They were not as isolated as I am now in today's 'modern progressive world.' They could go and stay at places if needed. I cannot. Not while the 1996 Telecom Act is in effect and our government refuses to correct their error in passing such an act. This act is allowing great harm to be done to all forms of life with our government's approval and backing.

Cell Phones, Cell Towers, WiFi and all the Side Kicks

Wireless technology is being brought before the public like cigarettes were. The cigarette companies knew that cigarettes were harmful, but they kept the truth hidden and deceived the public. What was best for the people was replaced with deception, greed, glamour and excuses.

At first people were deceived by glamorizing cigarettes by advertising them with beautiful seductive women and strong, husky men. They were advertised and promoted in every enticing way just to get you hooked as quickly as possible before you had time to realize the truth and when people began to have health problems from cigarettes excuses began to fly. These health problems were due to other things and certainly not cigarettes.

Today, wireless technology is being sold in the same way and having an even more devastating effect on all forms of life. Yes, it is worse than cigarettes, because it has been given free rein from our government by way of the 1996 Telecom Act and it affects a far greater area than the immediate area to which the user resides, such as the case with second-hand smoke. Wireless radiation travels for miles through everything.

Today, we see the devastation from smoking cigarettes. So, action has been taken to protect the public. If people want to smoke and destroy their health by smoking they have that right, but do it outside and not where it will affect other people. Why should others be forced to breathe in second hand smoke? Wireless technology will have a far more devastating effect on ALL life and not just the user or those within close proximity to the user.

Yet, we do nothing to protect others and all forms of life from second hand wireless radiation. This isn't right. Why should we be forced to absorb radiation from techno-gadgets that others are using so they can have the thrill and convenience of wireless radiation? If we are going to force smokers outside to protect the people then something should also be done to protect people and all forms of life from all this wireless radiation that is being emitted.

Wireless technology is a phantom destroyer and it is destroying the health and lives of ALL forms of life. Plus, it destroys employment, finances, credit, communication, relationships, families, activities, etc. and it is getting away with it. One can't even attend church because wireless technology has invaded the church and people carry their security blanket, which is their cell phone with them, even into church. Wireless technology is used in sermons, teachings and other church activities. It has become people's ultimate security, even above God, because they can't seem to go anywhere without their techno-gadget. Yet, people seem to go many places and do many things without taking God with them.

Not only is wireless technology destructive to the health of all forms of life, but it is destructive to the fabric of society, which is growing together as a unit or as a team to go through things together. This is built on interacting with each other. Currently, we interact with a thing, that thing interacts with another thing, and that thing interacts with someone and then this is done in return. This is so artificial. It isn't real. This is not how we were created. How can our youth learn to build relationships when relationships with each other no longer exist? Everything is becoming robotic, such as employees, honeybees, insects, etc and synthetic, such as genetically modified fruits, vegetables and coming soon to our table is genetically modified meat.

Wireless Technology the Phantom Destroyer

This is my story and what it has done to me

By: Becky Huck

When I got my first cell phone, I was living on a farm in southwest Wisconsin and was a very hard working individual. When my daughter got her driver's license, I felt cell phones would be a good way for us to keep in contact with each other, since they are safe. Within a short time, I started to experience headaches that I never before experienced. In less than a year, these headaches were bad enough and often enough that I decided to make a doctor's appointment to find out what was causing them. My appointment happened to be late afternoon on a bright sunny summer day. Thankfully, I was experiencing a headache.

While at the appointment, I mentioned that if I have a headache sunrays on my skin will intensify it. They told me that people with migraines can't handle the light. I corrected them. It wasn't the light that caused the problem. It was the sunrays on my skin. It was like my statement went in one ear and out the other. They diagnosed me with stress and a migraine. That diagnosis didn't seem right. I've never experienced migraines, but from what people tell me in regards to them, there was something about these headaches that left me with the impression that these weren't your normal migraine headaches.

I dealt with these headaches throughout my daughter's high school years. Many times, they were so intense they interfered with me being able to truly be a part of those years. I spent much of my time in my car with my car seat at a certain angle until just before she was about to take part in whatever activity she was in. This was truly sad. (Note: To this day, I find myself going to my car at times and setting the car seat at that particular angle to find some relief from these headaches, even if I'm at home. For some reason, sitting at that particular angle lessens the internal pressure I'm experiencing.)

I went to many doctors in southwest Wisconsin and put through several CT Scans only to receive the same diagnosis – stress and a migraine headache. Something did not seem right about that diagnosis. After a couple of years of this, I began to seriously question if my cell phone was contributing to it. I could only question that possibility because the headaches came later and not at the time that I was using the phone. I would mention this to the doctors, but they passed it aside as if there was no connection or shoot it down with, 'there's only a little bit of radiation from the cell phone or it's not the cell phone, etc.'

I was beginning to have abdominal problems, numbness in the hands and feet, and I began to develop a sensitivity to fragrances such as perfumes, colognes and household cleaners. This led me to believe that it was something else, because I couldn't draw a connection between the cell phone and these other problems that began to surface. Also, I felt the doctors should know what they're talking about since that's their profession. They are to be properly educated and trained to properly care for the health and well-being of the people. So, I continued to move on with this diagnosis. Yet, in the back of my mind, I felt as if this was not accurate.

I sold the farm in early 2007 and one day when I was in northeast Iowa looking for a place, I ended up in the Decorah emergency. I was weak and having abdominal pain, nausea, build up of

gas, clammy, tingling in arms & feet, anxious, shakes, blurry vision, etc. I thought this came from tainted water at a place that I had looked at. However, knowing what I know now, I believe cell phone radiation played a major role in this. Radiation kills good and bad. Since cellular radiation was rapidly growing and I myself was using a cell phone, my health had changed and one of those ways was that I was now more sensitive to things that enter my body. My body does not handle things like it used to and I blame this on the adverse effects cellular radiation has on the human body. Cellular radiation stresses the immune system. I did have a couple of swallows of water at a place that I looked at but since my body was already under stress from cellular radiation it was not able to handle the additional problem, if that being a possibility that it was high in bacteria. Cellular radiation kills good and bad and it will take less bad to have a negative effect on the body than if cellular radiation were not involved.

In September 2007, I moved from southwest Wisconsin to northeast Iowa and throughout 2007 I used my cell phone a lot because I was on the road a lot. November & December 2007, I spent a lot of time where there were cell towers. In January 2008, I ended up moving to where I was living in close proximity to three cell towers. I never put in a landline, which was a mistake, and did all my phone calls via cell phone.

On March 19, 2009, I went to emergency for sharp pain in the lower left quadrant and what seemed to be rectal bleeding. This ended up being vaginal bleeding. It was ten days early for a normal menstrual cycle. Since this episode, my menstrual cycles were more 'faucet on' type of bleeding instead of flowing as I would normally have. Now, the blood ran out for the first two days and I was changing the pad every hour and a half to two hours. I had to wear tight spandex type of shorts under my slacks to hold the pad up tight so the blood didn't run down my leg. I would become quite weak and dizzy because of so much blood lost in a short time. (Note: I also experienced what felt like streams of ice cold water going through my brain.)

In the spring of 2009, my brother was diagnosed with stage four rectal cancer. Years before this he had gone to the doctor for pain along the beltline. They supposedly found nothing wrong and told him he was wearing his belt too tight. This did not set well with my brother so he refused to go back to the doctor and a few years later he was diagnosed with cancer. Prior to the diagnosis he was losing weight and had a hard time moving things through his digestive system. He continued to use his cell phone and wear it on his belt, because at the time we were not connecting the two. Within a short time after the diagnosis, the doctors said his cancer was moving through his body like a freight train. In November 2009, he lost his battle.

I strongly believe my brother would still be alive if American doctors were properly trained in truth and that truth being cell phones cause cancer, especially if carried on the body. Therefore, if he had received proper medical attention to this back when he first went in with pain along the beltline where he carried his cell phone instead of a lame excuse of wearing his belt too tight, he would have removed his cell phone from his belt and would probably still be alive today. In my eyes, there is something seriously wrong here.

In 2009, I spent a lot of time on my cell phone to keep in touch with family. I was the main one that transported Mom back and forth. So, it was vitally important for me to grab a hold of every opportunity possible to get Mom down to visit my brother when he felt up to having visitors.

By July 2009, there was no doubt that these headaches were from my cell phone, because I was now getting them while using the phone and these headaches were excruciating and lasted for hours and even days. I decided to hold my phone out in front of me and away from my head. I did this for a couple of months and it was a mistake, because I could feel the radiation from the phone in my mouth and down my throat. It created a red ring in the back of my mouth around the opening to the esophagus and that ring is there to this day.

In January 2010, which was two months after my brother's death, my health crashed. I was in pain throughout my whole digestive system. I felt like everything had stopped and was constricting. I had trouble moving things through and could only eat about 300 calories a day. I was reacting to almost every kind of food, especially dairy products and red meat. I ended up losing about 35 pounds in five months. Some over the counter medications that I normally would have no problem with gave me severe headaches, severe enough that to this day I am afraid to try them again.

On January 8, 2010, I saw the doctor for tongue and mouth pain. This started with the tongue feeling very raw and swollen. This included the roof of my mouth, cheeks, and the back of my throat. I had white streaks on my tongue as well as red and purple areas. At times, my tongue seemed dry and split. I had developed tightness in the lungs. My right tonsil had become swollen within the last few days. My tongue currently felt like bubble wrap and someone was rapidly popping the bubbles.

On January 13, 2010, I saw the doctor as a follow up on oral lesions. I was seen approximately five days earlier and given a presumptive diagnosis of thrush. There were more white lesions. I had a lump sensation in my throat on the right side when swallowing. Oropharynx showed a white lacey area over the left tongue with a raised border and a faint white outline on the right tongue. Doctor stated that it was unlikely to be thrush.

On February 2, 2010, I saw an ENT doctor for evaluation of sores on my tongue. There were a lot of pimples on the back of my tongue. Doctor stated that there were a lot of fissures on my tongue. My tongue felt like it was burning and sore. The only food that felt good was yogurt. I had some tiny pinpoint sores on the roof of my mouth. My right tonsil gets larger and smaller. I also was having some gastrointestinal problems. My voice was scratchy and had a harder time to swallow pills. Oropharynx had some posterior erythema. I had some prominent taste buds present on my posterior tongue. I had fissures present on the anterior surface of my tongue.

On March 10, 2010, I saw a doctor for problems from my mouth to my intestine. I had tenderness in the throat and occasional redness. My body was not acting in its usual fashion, such as taking Advil would now give me a headache and this was not normal. I was continuing to lose weight. I told the doctor that I suspected cell phone use was contributing to these problems. Previously, I had been told there was a lot of inflammation throughout my body. I was now reacting to so many things including medication.

On April 2, 2010, I saw a different doctor for continued mouth, throat and intestinal issues. I brought along some information in regards to cell phones. The doctor stated a one page rather

long and rambling history about cell phones causing my headache symptoms, other stress and pains of various natures. I inquired about the ring that was in my throat since September of 2009 and having soreness in the tongue for the last four months. I was having trouble swallowing vitamins. I was taking Ester C as I usually did during the winter. I was taking a 1000 mg omega-3 fish oil once per day and started this in January 2010 and a new brand in March 2010. I was taking a multivitamin and had for years. I was not eating very well. I had lost 20 pounds in the last three months. Doctor elaborated on the loss of my brother in November 2009 and my mother's fractured hip in December 2009. Doctor stated I was emotional when talking about my brother's death. I made it clear to the doctor that I wanted to find out what was going on. Doctor stated that the tongue appeared to be somewhat furrowed and there were several scattered areas of increased erythema in the oropharynx. Doctor was very suspicious of the role that my over-the-counter medications may play in this. Doctor stated that it would be unusual to have only 500 mg of vitamin C daily supplement to be responsible for these symptoms. However vitamin C can cause complications of this sort. Doctor recommended discontinuation of Ester C and the fish oil. Doctor recommended seeing a nutritionist. Doctor stated emotional stressors could certainly be contributing, but not the total cause. Doctor stated that we needed to keep tabs on my stressors and may need to intervene with therapy.

This doctor visit was a disgrace. It was like he shrugged off everything I tried to tell him. He writes that I had a mild case of abdominal pain. It was more than mild. He totally disregarded the possibility that cell phones could be the reason for my health problems. He stated the information that I brought him in regards to this 'rambled' on. Yet, he claims a very tiny amount of vitamin C could be contributing to the problem, which I have taken for years during the winter and it has never given me trouble. So, if a very tiny amount of vitamin C that has never bothered me before could be causing the trouble why couldn't small doses of cell phone 'radiation' from cell phones, WiFi, cell towers, etc. be causing the problem? In my books an accumulation of wireless 'radiation' could have more devastating effects than vitamin C. Plus, I can take vitamin C today with no problem. I cannot use a cell phone without getting an excruciating headache. Plus, if I'm around others with cell phones, cell towers, WiFi, etc. I have health issues flare up. He also jumped on the emotional stress band wagon which is an easy escape goat for the doctors and I've had that thrown at me throughout this entire journey. He made it sound like I got extremely emotional when talking about my brother. I had tears come to my eyes. That is normal since his death was only four months ago. I would be concerned if tears didn't come to my eyes. It would make me wonder if I even cared whether he lived or died.

On April 7, 2010, I saw the ENT doctor again. I returned due to burning mouth syndrome and pharyngitis. Early February visit was for burning mouth and my mouth being sensitive to different types of food. I was scoped and the doctor said I had no obvious signs of reflux. I did take the Magic Mouthwash once and felt like my mouth was swelling so I stopped it. I felt as if I was reacting to everything that I was taking in, including medications. I had reacted to Benadryl, Chloraseptic, Advil, and Vick's where my mouth felt as if it was swelling. I was also reacting to numerous foods. I was having trouble with red meat and dairy. My mouth burned and my esophagus got tighter after eating these. I ate some hamburger and cottage cheese in the parking lot just before my visit. The roof of my mouth on the right side has been bleeding. My ears feel fuller and my hearing has a plugged sensation after eating. I told the doctor that I believe all these symptoms are due to using my cell phone heavily throughout the last five years. I brought

several pages of information where I had highlighted cell phone use and radiation exposure and effects that this has on cellular activity. I stated that when I used my cell phone heavily I got a headache on the left-hand side and the top of my head was also very tender. I stated that I was only able to eat oatmeal, chicken breast, citrus, red sockeye salmon, and tuna without reacting to them. The doctor stated that I do drink a large amount of water every day. The doctor stated that she could not figure out why Ester C was taken away from me. My oropharynx revealed a posterior rim of erythema with some petechiae at the base of my soft palate and on my left buccal mucosa. My tongue still had the fissuring present that it had previously. Tonsils were 1 plus bilaterally. I was scoped again and the base of my tongue was swollen. I had white symmetrically moving vocal cords free of lesions or nodules. The doctor said I had something going on in my throat with the erythema and my sensation of swelling and burning related to food. The doctor did not know if I had some kind of autoimmune reaction going on or what exactly. The doctor stated that she would like to check some labs to see if I was having any kind of allergic response going on and if lupus could be possible. The doctor stated that I did have a rim of redness in my posterior pharynx and now the petechiae and that it could be from reflux. I was reluctant to try any kind of medication. This doctor was on the right track that there was something going on here, but the focus was on the problem that had arisen and that it was probably being caused from within even though the previous scope showed no signs of reflux. That day's focus was not on the possibility that the problem could be from without. Reflux is due to gastric gases and that is from within the body. Cellular radiation is from without and has entered the body and has done the damage.

By April of 2010 I knew I needed to do something drastic, I was racking up medical bills and the doctors weren't listening to me when I would tell them that my health problems were due to wireless technology and I was continuing to lose weight. They were doing every type of test and examination on me they could think of and everything was coming back okay. However, everything was not okay. I had one option and that was to get away from it. This was for my health and to prove a point. So, I called a realtor and it just so happened they were listing this place at the very same time that I called. So, even though I did not want this place, I purchased it. I had no other choice. This place is surrounded by hills on three sides and nothing to the open side. It was ideal for getting me away from wireless radiation. You cannot get cell phone reception here and I gave up all wireless devices when I moved here in late June of 2010.

May 27, 2010, I saw a gastroenterologist. I was there for a 30 pound weight loss and not being able to eat many kinds of foods. I was reacting to just about everything but chicken and a few other things. I had lost this weight since January and I did not have heartburn but did have a thickness in the cervical neck area. I mentioned to the doctor that I believed the root of my problems were due to cell phones. The doctor stated that we wouldn't go there. I asked her why not. She stated that if it was from cell phones what were we going to do about it. That statement has haunted me ever since. If someone is suffering with emphysema and they still smoke cigarettes and they tell the doctor they believe their smoking is contributing to the emphysema would the doctor merely mention 'if it were what were we going to do about it'. No, the doctor would make it very clear that if the patient did not stop smoking it could cost them their life. Plus, the doctor would be openly addressing the truth about cigarettes. Yet, with cell phones that is not the case. Nothing is being done. The patient is to continue doing what they're doing and

when they die something will carry the weight but it certainly will not be wireless 'radiation.' This is a disgrace.

Anyway, the doctor went on and advised me that she had no knowledge of any such thing. I suppose to protect herself. I mentioned to the doctor that I know cell phones give me severe headaches. The doctor concluded that I was merely blaming wireless radiation for my problems. The doctor stated that I was very thin, a BMI of 16.6. I mentioned that I was reacting to wheat, meat, fruit, vegetables, dairy and peanut butter. Currently, my body was not tolerating any of those. I stated that my intestinal tract stops moving when I eat bread. I got all bloated and would hear a lot of rumbling and could not get things to move through. Doctor jumped on the possibility of being gluten intolerant. The doctor advised me that I needed to eat some food with some calories or I would start to utilize heart muscle. Doctor stated that I currently was not tolerating medications.

On June 1, 2010, I saw a doctor for heart pain, a constricted sensation, dehydration and no energy. I was very concerned with the weight loss. The doctor states that previous notes claim that I have been concerned that these issues are due to cell phones. The doctor states that I did not bring that up this time. I did not bring it up this time because it doesn't seem to matter. The doctor states that I am quite thin.

June 16, 2010, I saw the gastroenterologist again after having an endoscope and a colonoscopy. The endoscope showed a 15mm Schatzki's ring which I honestly believe was due to wireless 'radiation' being funneled down my throat from a wireless 'radiation' producing cell phone. My colonoscopy was negative. I was still having epigastric discomfort. Doctor recommended an ultrasound of the pancreas, bile ducts, gall bladder and other abdominal organs.

On July 1, 2010, I saw a doctor in regards to weight loss and epigastric pain. Throughout the past six months I have dealt with intestinal distress, including mouth & throat issues, epigastric pain and significant weight loss and much more. I had an approximate 10 kg unintentional weight loss. I had work-up's that consisted of CT of the chest, abdomen, as well as right upper quadrant ultrasound and all were normal. Lab tests that consisted of HIV that was negative, Rh negative, ANA that was negative, TSH within normal limits, celiac sprue testing that was negative and CMP, CRP, & ESR that were negative. I was having difficulty eating. I was supplementing with Ensure and was up to about 1500 calories a day. I did not have a menstrual cycle in the last two months and was previously having monthly cycles. I had some burning sensation in the face and some improvement in the headaches since giving up my cell phone. The doctor states that I believe some of my symptoms may be caused by cell phone radiation as well as cell phone towers near where I live. I stated that my daughter was beginning to have similar symptoms such as epigastric pain, difficulty eating and weight loss. The doctor states that these complaints are of unclear etiology.

On July 20, 2010, I saw a doctor for follow up in regards to weight loss of what they claim is of unclear etiology. The doctor states that I had complaints of intestinal distress, epigastric pain, and other complaints over the last six months. I mentioned to the doctor that I have moved into an area in the hills. The doctor noted that I had an increased appetite and a sense of being perkier. I mentioned that I was having difficulty in gaining weight because I could not eat as

much as I desired. I would begin eating at 3:00 A.M. and graze until 11:00 P.M. I tried to supplement with small doses of Ensure. I was having some air hunger that improved with lying down. The doctor states that I believe cellular phones as well as radiation have played a major role in my weight loss.

Note: All the way through this, if cell phones, cell towers, WiFi, etc. are brought up, it is always from the patients perspective. During this time, I could feel how one cell phone emitted its radiation over how another emits its radiation. The radiation from some phones felt like someone put a heavy x-ray blanket over my chest whereas others felt like a direct hit to the head. Plus, they would affect my heart and breathing, as well as many other health issues surfaced. The doctors still would not openly acknowledge that cell phone radiation was causing these problems. Why? Why aren't the doctors being trained in this?

I took possession of this property the third week of June 2010. I did not start staying here until the first week of July. I had a job lined up so when I got here I was able to have an income. I ended up telling them that I would not be able to take the job because I was still losing weight and the move took a lot out of me. I had to take some time to recoup before starting a new job.

The first two weeks that I was out here without wireless devices and going nowhere where there are wireless devices, I went through what I call a detox. After I went through this, I regained my appetite. In fact, I felt like I hadn't eaten in months. In reality, this was true. I craved protein, especially red meat. Whereas before, I was having a great deal of trouble with red meat when my health crashed and I stopped eating it. Even though I was hungry, I was not able to eat as I desired. I could only eat a little bit at a time and I did this continually from morning till night and slowly, very slowly began to regain some strength and some weight.

By mid-August 2010, I felt like I was ready to find employment. I got a job and started immediately. This place was located near cell towers. The only thing between me and the towers to the south were large windows. The radiation had a direct shot at me from the waist up. Most of the time it was my right side that was towards the towers, but it was my left arm between the elbow and shoulder that became extremely sore, like being hit repeatedly by a baseball bat. I couldn't figure out why. What came to mind was when people have radiation treatments they talk about how some have become burned or sore where the radiation exited the body. Why wouldn't that be the case here? We have multiple towers and multiple antennas meaning overlaps of cellular radiation being emitted directly at my right side not to mention another tower behind me with multiple antennas. Young workers would come to me and mention how they would feel flushed and warm at work. They're hands would feel numb. Co-workers complained of insomnia. The building had WiFi and co-workers carried cell phones on them, even used them. Generally, I worked from 11:00 A.M. to 7:30 P.M. When I went to bed at night, I literally felt like I could glow. My bedroom was completely dark and cool. I literally felt my body releasing radiation back into the atmosphere. It made me think of the earth. During the day, it absorbs sunrays and at night it releases it back into the atmosphere. That is exactly how I felt. This intensified the longer I worked there and more health problems began to surface. Within a month, I had to quit because of the cell towers, cell phones, WiFi, etc.

In October 2010, I contacted Congressman Tom Latham and Senator Charles Grassley in regards to my employment situation and the negative effects cell phone radiation is having on me. I received no help. Nothing has been done.

We were having a nice fall and I was moving forward on recuperating after leaving my job, which I thoroughly hated to do. I not only needed the employment, but I enjoyed working with the people that I was working with. My menstrual cycles returned and were closer to normal. They still weren't quite like what they should be, but this improved over the next few months.

On December 3, 2010, I was seen in the emergency for a severe headache. The doctor states a severe left temporal headache. It was unbearable pain. The doctor reports that it appears to be a migraine. The doctor states that I believe these are precipitated by electromagnetic radiation. The doctor states that I say that I have intolerance to cell phones and various other types of electromagnetic radiation. I stated that I have moved away from cell phone towers and am staying away from them but I had a cell phone in my pocket when I gave somebody a ride and it was on and this has triggered this headache and my symptoms have been progressing. I had been having progressive pain in my left jaw and ear. I was evaluated that same day by a dentist to check for dental problems; since medical doctors are not taking me seriously I thought I would rule out the chance for them to jump on the dental excuse. The dentist felt this was doubtful but took x-rays which made things worse and treated me with amoxicillin 500mg and Tylenol #3 with codeine which made things excruciating. The doctor states that I was there in acute distress and acutely agitated with the left ear, left temporal pain, and jaw pain. I was unable to lie down due to the intense pain. The doctor states that I was thrashing around. (Note: It was vitally important that I kept cold water in my mouth. That meant swallowing a lot of water and replacing it with a new batch of cold water. I couldn't sit still. The pain was excruciating. The doctor was rude about me not being able to sit still. He ordered me to sit still or leave. The pain was so severe that tears were automatically running down my face. It hurt so bad that you couldn't cry. The tears literally ran down my face.) He treated me with Lorazepam, a morphine sulfate IV, and a Haldol IV. After all this, I was now able to lie down. I was kept for the night.

Note: I gave a senior citizen a ride to another town that was over an hour away. He wanted to use his pickup, which was an older one and I didn't have any knowledge on how it ran or its dependability, so I wanted to have a way to contact someone if we had trouble. We ended up not using his pickup and taking my car, but I had forgotten that I had put my phone in my pocket and somehow it had gotten activated, maybe when I helped him into the car. I don't know. I had it on silence. So, I was not able to hear it come on.

Also note: The doctor claims that I moved from LaCrosse and back with my mother. This was not the case. Plus, he prescribed Tylenol with codeine, which I specifically told him not to do, because I felt the codeine contributed to the extreme pain that I was having. Since my health crashed, I have been extremely sensitive to many things and I needed to take things slowly until my body recoups the best that it can from all the radiation damage that has been done to it.

Did this doctor truly listen to me? No! He did not! Doctors are not listening to the patient especially when they try to discuss issues in regards to wireless 'radiation.' WHY? It's like the doctors aren't listening and taking the fact that the radiation from all these wireless devices and

towers are having serious and long term effects on the body. I now began to call these so-called migraine headaches, 'radiation induced' headaches, because that is exactly what causes them.

It is December and I can no longer keep the windows to the house open. After a couple of weeks, I began to have problems with my breathing. I couldn't figure out why. In January 2011, there was a segment in the news talking about January being radon month. I decided to check this place for radon. It was high. I did a second test and that confirmed the first test. By the time a person does the testing, sends it in and waits for the results two to three weeks can go by. So, by the time I did this twice, we were getting into mid-March. I contacted a couple of local radon mitigation teams and the one I felt would be best for this situation was not able to get here right away. It ended up getting into May before it was fully installed.

Since I was in the early stages of being away from wireless radiation and not able to be fully away from it because it's everywhere and a person has to be out and about for different reasons, my body was still weakened and very sensitive to a lot of things, of which elevated radon gas was one of them. It was causing problems in my breathing. So, during this time, I ended up trying to not stay at the house as much as possible and instead staying at my daughter's and mother's and both of them lived in close proximity to cell towers and this added to the problem. So, by March, I ended up sleeping in my car parked on my property until the mitigation was done, even when the nights got down into the teens. I had nowhere to go.

In June 2011, I felt well enough to attempt another try at being employed. I got a job and started immediately. Within a month, I had to surrender the job due to cell phones, cell towers, WiFi, etc. I cried when the manager talked to me before I left on the last day. I cried all the way home. "What am I going to do? I can't work anywhere. I've been to Iowa Workforce and they have done nothing to help me. I've been to Upper Explorerland who also helps people obtain employment and they have done nothing to help me. What do I do?"

On September 26, 2011, I went to the Decorah, IA Social Security office and filed for disability. For me, this was a kick in the gut. I had no choice. I cannot work in an environment where there is wireless radiation. It has seriously affected my body and I am now super sensitive to it and other things. Take away the wireless radiation and I regain a fair amount of my health. Keep the wireless radiation and the day in & day out exposure will eventually kill me and get away with it.

Social Security set up an appointment on November 8, 2011 in Decorah, IA for me to see Dr. Daniel S. Wientzen for a physical. Paraphrased excerpts from the doctor notes: *No physical disabilities. She is quite adamant that her symptoms are related to cell phones, cell phone towers and other electronics. I explained there is no scientific basis for this claim. Hazardous work conditions, such as fumes, dust, or extremes of temperature, should not be a problem. I believe she would benefit from a 'psychiatric evaluation as many of her symptoms suggest a high level of paranoia'.* (The doctor has pretty much concluded that I am paranoid.)

Social Security set up an appointment on November 16, 2011 in Decorah, IA for me to see Dr. Joseph L. Breitenstein, PhD. for a mental status evaluation. Paraphrased excerpts from doctor notes: *Headaches and significant weight loss due to cell phone radiation per self-report. Her perceived symptoms are likely to be best managed from a psychological perspective with*

exception to the weight gain. In absence of medical etiology, this appears to be self-limited. The doctor's considerations are from a psychological, no medical, perspective and are based on the presupposition that cell phone radiation cannot cause such symptoms. The doctor has pretty much concluded that my health issues are psychologically self-induced. (Correction for the doctor: I am 1 of 6 siblings and I did not work for the government.)

On December 8, 2011, I received a letter from the Social Security Office stating that I do not qualify under their rules.

After receiving this letter, I hired Premier Disability Services, LLC out of Minneapolis MN to represent me.

On February 28 2012, Social Security sent out another letter stating they have reviewed my case and are once again denying it under the law.

I've been to Iowa Vocational Rehabilitation and they won't help me because the government has not proclaimed me as being disabled. I've filed for disability and have been denied because electromagnetic hypersensitivity or EHS does not meet their current requirements for disability. I've called The Americans with Disabilities Office because the United States is supposedly supposed to recognize EHS as an environmental sensitivity and they did not help me. I no longer know what to do or where to go. How can a person survive with no income and no organization willing to help?

In March 2012, I sent letters to Governor Branstad, Rep. Bob Hager, Rep. Tom Latham and Senator Charles Grassley. I received nothing back from Gov. Branstad and Rep. Hager. Nothing has been done.

In April 2012, I sent a letter to Congressman Steve King. I received nothing from him.

On April 4, 2012, I requested a hearing by an administrative law judge. This request was done over the phone. On April 12, 2012, Social Security sent out a letter affirming that I have requested a hearing.

On April 12, 2012, Thomas A. Klint from Premier Disabilities, LLC had a letter sent to me stating they were withdrawing from my case. They did not give any reason as to why, but had a rather lengthy paragraph stating that if I would win my case they were going to petition for payment. I found this rather absurd. They did nothing. The vast majority of the time, I had to call them and activate them in getting the next step completed and when I called I rarely got to talk to the same person. I would think one person would be assigned to my case and that is who I would work with. That was not the case with this agency. I had to continually bring a different person up to date on what was happening. I did not have a doctor's diagnosis. I believe this is why they withdrew their representation of my case. It truly is sad when a person has had their health seriously affected in a negative way and you can't get the doctors in the Midwest to acknowledge this truth and one's financial future depends on this. It makes me wonder if the American doctors aren't being properly trained in electromagnetic hypersensitivity and if so,

why or if they just aren't being allowed to connect this truth to the health problems one is experiencing because if they did they would be in trouble due to the 1996 Telecom Act.

In May 2012, I drilled a new well because the well on this place was an old shallow one. That was one of the reasons why I did not want this place. I have not drank the water on this place. I was even having problems with the water for bathing. Radiation has seriously affected my skin. My skin was now more rubbery and something about this water left an oily film on my hair and skin that made it even harder for my body's own thermostat to properly regulate itself. In other words, my body was already having trouble regulating itself between being hot and cold and I am one that is very active outdoors and used to sweat very easily. That was no longer the case and there was something about this water that made that even harder. So, I took as few a baths here as possible and instead tried to do this when at my daughter's and mother's but again they lived near cell towers. Being forced to live like this is horrible.

I certainly was looking forward to the new well in every way from drinking, to cooking, doing dishes in it, bathing, washing clothes and even gardening. The old well left a residue on the dishes and clothes. It affected my garden as well. I was not able to eat the produce from it. It tasted like a petroleum product or a rubber tire. Now that the new well is up and going, I was looking forward to that first long soaking bath. It ended up being that my skin was still not able to handle something in the water. So, to this day, I still do not use the water here for doing dishes or drinking. Now in 2013, after the massive rains we had that summer, I have started to shower here. There has been some improvement in the water, but I still do not drink it, use it for cooking or even wash dishes with it. I bring water from Mom's. As you can see, I did not want this place. I was forced to move here to get away from wireless radiation.

February 2013 we had a baby shower for a niece and I went for a short time. After dark that night, I experienced a sensation like every cell in my body was vibrating a million miles an hour. It kept me up all night. I fell asleep sitting up in my bed around 4:30 A.M. I was awake again by 6:00 A.M. I still had this sensation but not as intense. I was exhausted and by noon I fell asleep for the afternoon and the sensation had subsided.

March 31, 2013 was social security freeze date.

Social Security sent out a letter on April 5, 2013 stating that my hearing would be on May 28, 2013 in Calmar, IA by way of video teleconference.

On April 15, 2013 I sent a letter to the Office of Disability Adjudication and Review in regards to this hearing and where it was going to be held and how it was going to be done.

On April 30, 2013 I saw an MD in MN. Excerpts from the doctor notes: *Migraine headaches have been diagnosed. Yet, her headaches are not throbbing in nature and sometimes take hours to reach maximum intensity. They are not associated with light or sound and she did not respond to migraine medications. Symptoms get worse when around microwaves, cell phone towers and cell phones. Over time she has developed widespread pain, muscle tightness, chest pressure & tightness unrelated to activity, palpitations, feelings of air hunger, tinnitus, hearing loss that is much worse with cell phone exposure, blurred vision, burning in the eyes, pressure in*

her teeth, and rash on her back & abdomen. Symptoms get worse with EMF exposure and better when she stays away from cell phone tower locations. This was a three hour doctor visit and the doctor had concluded that I qualified for disability. Yet, our government has denied me disability. WHY?

June 9, 2013, we had an open house birthday party for Mom's 80th birthday. I went around town getting things for the party. Plus, Mom wanted pictures of us kids. I stayed for that. And then, I had to leave because of cell phones and all the cell towers in town. (Note: I can no longer participate in activities such as baby showers, birthday parties, weddings, funerals, etc. It's horrible and this is wrong!)

The weekend of June 23, 2013, we received 14 inches of rain in less than 36 hours along with all the rain that we got previously that week. My basement ended up getting water in it.

Thankfully, my son was able to help bail me out. I tried to get the basement dried out as much as possible, but was not able to get this properly accomplished due to the high heat and humidity that had set in. So, I ended up calling contractors for quotes to gut the basement and redo it. The one contractor was here pronto to see the basement and write me a quote. I felt his quote was in the ball park for this and since he was 'Johnny on the spot,' I chose him. This was a mistake. He did come and start to gut it. What he did get gutted was the least damaged. He opened up the walls where it was damaged the worst and left them until the next time he came which wasn't for a week or so. Mold had set in really bad. He finally got here and did some more gutting. When he left from the second time of gutting, he said the basement was fully gutted and for me to leave it open for several weeks before redoing it. The mold smell in the basement was too strong to go down there that night. So the next morning, I went to the basement to check it out and it was a very poor job. Cupboards that needed to be removed from the walls were not removed so they could dry out in behind them or even thrown if necessary. One difficult wall next to the cupboards with a lot of water damage was still there. Moldy drywall was still in the door jams. Anyway, with it being summer, the mold and smell in this house got really bad. I was not able to stay in the house. I ended up sleeping in my car during this and for several weeks after this until my son was able to get here and get it properly gutted and help with getting the cupboards removed from the wall. It was horrible.

Since I have no income, I filed for disaster assistance. I got accepted. One thing the assistance would pay for was lodging for up to \$500. I filed for that and did not receive that part of the assistance because I did not actually stay somewhere where I was charged for lodging. I feel this is wrong. It's not my fault that I could not actually stay somewhere because of wireless technology, but don't also make me suffer again because you, the government, refuse to step up to the plate and do something about all this wireless technology that is bringing great harm to all forms of life.

What is a person supposed to do? I cannot work anywhere for income. I supposedly do not qualify for disability by way of their rules. I am discriminated against being able to receive full compensation during times of other forms of hardship. So, what does a person do? The government is going to kill us one way or another. If we go out into society, wireless technology will do us in. If we find a place to live that is away from it, we have no way of earning an

income. So, we end up on the streets. We will not be able to properly care for ourselves. Plus, where do we go for medical help where there is little to no wireless radiation and how do we afford the care? Where do we go for help in our senior years, if we make it to that point, because they are operated with much of today's wireless technology? Plus, cell towers are located in close proximity to hospitals and care facilities.

In October of 2013, one of the four towers close to my mom's assisted living increased their radiation output. I had been having an extremely hard time going to my mother's to help her, but now it was next to impossible. Yet, I still go there and deal with the health issues when I get home. Her health has been seriously affected by this. What can we do to stop this? This is wrong!

Seriously!! This is all wrong. If our government is so determined to prioritize wireless 'radiation' over everyone and all forms of life then our government must also develop wireless free communities where people can live and work where they are away from it.

Electro Hypersensitivity

Talking to Your Doctor

In addition to numerous other health problems, electromagnetic pollution has been associated with an increase in the number of individuals suffering from a condition known as electrohypersensitivity (EHS). EHS is defined by the World Health Organization as: "...a phenomenon where individuals experience adverse health effects while in the vicinity of devices emanating electric, magnetic, or electromagnetic fields."

In Sweden, it is classified as a disability and health care facilities with low levels of exposure to electromagnetic fields and radiofrequency radiation are available. The Canadian Human Rights Commission report also acknowledges environmental sensitivity attributed to electromagnetic exposure. (28) Researchers estimate that approximately 3% of the population has severe symptoms of EHS, and another 35% of the population has moderate symptoms such as an impaired immune system and chronic illness (Havas, 2007).

Because EHS is an **environmental sensitivity**, avoidance of triggers is essential in preventing symptoms and regaining good health. Like other environmental sensitivities, EHS presents with a variety of symptoms and it is common to have overlapping conditions. For instance, Multiple Chemical Sensitivity and Fibromyalgia, among other illnesses, are common in people with EHS and severity of symptoms in people with M.S., Diabetes, and other illnesses have been shown to be exacerbated with exposure to electromagnetic fields (EMF) and abated with mitigation of the EMF source(s).

SYMPTOMS OF ELECTRO HYPERSENSITIVITY

The biological effects from exposure to EMF/EMR include both adverse health effects and loss of homeostasis and well-being. Symptoms vary from patient to patient depending on their physical biology and exposure intensity and duration. Symptoms quickly improve when away from EMF/EMR sources, particularly when the patient moves away from computers, fluorescent lighting, transformers, wireless antenna, cell and cordless phones,

appliances and out of proximity to cell phone towers, electrical substations and power lines. All these are potential sources of higher than normal EMF/EMR exposure. Symptoms recur on returning to the irradiated environment. Over time, sensitivity is increased to smaller and smaller EMF/EMR exposures. (Sage, 2001)

SYMPTOMS OF ELECTRO HYPERSENSITIVITY					
Neurological		Cardiac	Respiratory	Dermatological	Ophthalmologic
headaches	depression	palpitations	sinusitis	skin rash	deteriorating vision
difficulty concentrating	anxiety	pain or pressure in the chest	asthma	facial flushing	pain or burning in the eyes
muscle and joint pain	confusion and spatial disorientation	low or high blood pressure	bronchitis	itching	pressure in/behind the eyes
memory loss	fatigue	shortness of breath	pneumonia	burning	floaters
dizziness	weakness	arrhythmias		swelling of face and neck	cataracts
nausea	tremors	slow or fast heart rate			
irritability	muscle spasms				
numbness	leg/foot pain				
tingling	"Flu-like" symptoms				
hyperactivity	fever				
altered reflexes	insomnia				
OTHER					
digestive problems	abdominal pain	testicular/ovarian pain/swelling	enlarged thyroid	great thirst	dehydration
nosebleeds	internal bleeding	hair loss	pain in the teeth	deteriorating fillings	Light sensitivity
swollen lymph nodes	loss of appetite	hypoxia	allergies	frequent urination and incontinence	night sweats
immune abnormalities	redistribution of metals within the body	ringing in the ears (tinnitus or similar chronic ear-noise)	impaired sense of smell	altered sugar metabolism	dryness of lips, tongue, mouth, eyes
Severe reactions can include seizures, paralysis, psychosis, and stroke					

smell
blood

(Excerpted from: Do You Have Microwave Sickness? Paul Doyon)

Exposure to EMF/EMR:

Induces Oxidative Damage leading to depletion of the body's natural store of antioxidants like Super Oxide Dimutase (SOD), Catalase, Glutathione, CoQ10, and Melatonin. When the body becomes depleted in antioxidants, premature aging, increased infections, and sticky blood are just a few of the consequences. With a depressed level of antioxidants in the blood, for example, high-density lipoproteins (HDL) or the good cholesterol will bind with free radicals (oxidants) turning the good cholesterol into bad cholesterol or low-density lipoproteins (LDL).

Affects an abnormal influx of calcium into cells. When there is an abnormal influx of calcium into mast cells, for example, they produce histamine. This is just one of the ways in which microwave exposure has been known to trigger or aggravate allergic reactions.

Induces mitochondria dysfunction. The mitochondria are the powerhouse of the cell. Dysfunctional mitochondria will interfere with the cells' ability to produce energy and can be linked to fatigue and possibly even obesity.

Depolarizes the body's red blood cells, causing them to clump together. When this happens, the amount of oxygen getting to the brain cells and the cells of the body's other organs is diminished substantially leading to hypoxia. This can cause symptoms similar to altitude sickness: nausea, dizziness, inability to concentrate, and so on.

Induces a decrease in the numbers of Natural Killer (NK) cells. This leads to the body's weakened ability to recover from viral and other types of infections. Therefore, people exposed to microwave radiation would take longer than normal to recover from your day-to-day infections.

Long-term microwave radiation has been shown to **change a particular form of white blood cell (lymphocyte) ratio** - known as the T-helper/T-suppressor (T4/T8) cell ratio - from normal to abnormal. Abnormalities in this T-lymphocyte ratio have been shown to lead to an increased susceptibility to viral, fungal, and bacterial infections. Symptoms include sore throats, low-grade fevers, weakness, persistent fatigue, and swollen lymph glands.

Increases viruses, bacteria, mold, parasites, and yeast in the blood of the human host.

Induces what is known as "subliminal" stress causing the adrenal glands to excrete an abnormally greater amount of cortisol and adrenaline. Excretion of adrenaline, for one, can lead to irritability and a feeling of hyperactivity - the latter now very common in children with ADHD. In a continuous state this will eventually lead to adrenal exhaustion. Excessive cortisol has been linked to obesity.

Causes a decrease of 5-HT in the blood. 5-HT is a precursor to the production of the brain hormone serotonin. Low levels of serotonin have been linked to anxiety and depression. An increase in anxiety and depression can in turn be linked to an increase in the number of suicides.

Induces a decrease in levels of the brain hormone norepinephrine. This hormone is essential for control of the autonomic nervous system, and lack of it can lead to autonomic nervous system disorders. For example, if the autonomic nervous system is not working properly, the body will have trouble regulating its temperature - i.e. cooling itself when it is warm and heating itself when it is cold. An abnormal decrease in norepinephrine levels has also been connected to short-term memory disturbances and depression.

Alters production of melatonin. This brain hormone and antioxidant is necessary for proper sleep. 42 million (approximately one in five) Americans now take sleep medication for insomnia while others often experience sleep disturbances due to exposure to electromagnetic radiation (EMR). A drop in melatonin levels has also been connected with increases in breast cancer.

Reduces the levels of the brain hormone, dopamine. A drop in dopamine levels have been linked with depression.

Affects an abnormal drop in the levels of the neurotransmitter acetylcholine. A drop in the levels of this neurotransmitter has been linked to a number of neurological and neuromuscular disorders - including Alzheimer's disease.

Induces restlessness and hence may very well also be responsible for a syndrome called **restless leg syndrome (RLS).**

Alters regional cerebral blood flow. In conditions like autism and chronic fatigue syndrome (CFS) it has been shown via SPECT